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ABOUT ELLEN

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Event Planners/hosts endorse Ellen as a speaker

"Ellen shared a 3-hour interactive workshop of daily practices and inspiration for reducing stress, living happy and growing younger - gift wrapped in lots of humor and stories that made us cry. I loved seeing the crowd up dancing and laughing, shouting "I am magnificent!" Absolutely delightful...and well deserving of the standing ovation she received."

Karen Brown

Director, The Mandala Center
Des Moines, NM

"I asked Ellen to come speak at a local nonprofit in Portland, Oregon for youth who have suffered from alcohol and drug addiction. Although she is very busy and booked throughout the year she was able to find time in her schedule to make it out. We had a wide variety of people in our space who were all drawn to her presentation. I was a bit concerned at first that the kids wouldn't be listening or paying attention, but Ellen was able to capture a group of young adults' attention and transform the room into a very interactive audience. Ellen was able to work a tough crowd of young individuals who all came to me after and expressed their interest in Ellen's presentation and practices. WE LOVE ELLEN!"

Winston Murray

Executive Director
4th Dimension Recovery Center
Portland, Oregon

"Engaging and entertaining, Ellen Wood held the attention of a diverse group of attendees at our annual conference - all ages and ethnicities, male and female, as she enlightened us in how to "Live Happy." She made us laugh, cry and interact with one another in a very personal way, even though we were in a very large group. Her wisdom and practices are easy to implement and will enrich anyone's life."

Lynne Anker-Unnever

Aging Network Division Director
New Mexico Aging & Long-Term Services Department

Note: Conference attendees voted Ellen's workshop best of all 55 workshops.

"Ellen Wood gave a wonderfully lively, humorous and informative talk, "Live Happy: 5 Habits for Less Stress and More Fun," as part of the annual colloquium series on the SMU-in-Taos campus. Every seat was full, and Ellen got the crowd out of their seats to interact, laugh, dance and interact in positive and enlivening ways. Thank you for sharing and spreading your joy with us, Ellen!"

Dr. Michael Adler

Executive Director
SMU-in-Taos Campus
Taos, NM

"Ellen gave two rousing talks in one day to launch our new division to seniors. They loved it and so did our team! In fact, her talk, book and very spiritual being have made a difference in how our entire new team views life, aging and our own lives. Every day we tell ourselves that we are magnificent and powerful!"

Laurel Fuqua, RN, MSN

V.P., Product Innovation
INSPIRIS, Inc.
Brentwood, TN

"Engaging, smart, funny and extremely inspirational, Ellen Wood is a gifted speaker and any Event Planner's dream come true. Ellen Wood's presentation in Princeville was a huge success. Our standing room only audience was so energized by her enthusiasm and dynamic presence, I'd love to have her back."

Bea Enright

Event Coordinator
Princeville Community Center
Kauai, Hawaii

"Ellen was not only one of the most dynamic speakers we have ever had for our bi-annual Aging Network Training, but she also delivered a message of inspiration to all ages! She challenged us to live life fully, and gave us tools to live with love, happiness and vitality so we can, in fact, grow younger. Thank you, Ellen."

Cindy Padilla

Cabinet Secretary
New Mexico Aging & Long-Term Services Department

"Ellen was awesome on **Mark Victor Hansen's Youngevity webinar.**"

Dolores Zukoski

Gardnerville NV

"Our diverse audience was captivated for an hour and a half while Ellen Wood gave her presentation, *7 Habits for Less Stress and More Fun*. With humor and directness she guided us through simple daily practices that inspire us to live the Life we dream of. She addresses the whole person: mind, body and spirit. Ellen is a pioneer, purposely creating her life, even such things as growing younger and reversing early Alzheimer's. She gifts us with the knowledge, through her own experience, that we can change what we thought was impossible, into the possible. Everyone in attendance left feeling lighter, brighter and inspired! Thank you, Ellen!"

Aya Horne

Founder, Blue Star Productions

"Dear Ellen: Your presentation was uplifting and so positive. People are still talking about it. It was a real pleasure having you with us. You are Magnificent!!"

Sincerely,

Gloria Fonda, Director

Rensselaer Senior Center
Rensselaer, New York

"There are many positive words that come to mind when thinking of Ellen Wood - passionate, smart, energetic, fun, and of course, she is a great presenter, who imparts her knowledge with entertaining delight."

Bonnie Golden

Director of Life Enrichment Programs
Taos Retirement Village
Taos, NM

"Ellen gave our residents and staff an inspiring talk- *How to Grow Younger, Feel More Alive & Enjoy Being You*. We left feeling more energized and positive about life, plus she gave us the tools (in a humorous way) to better enjoy what life has to offer."

Suzanne Gamello

Community Relations Director
Glen Eddy Senior Living

"We're still getting rave reviews on Ellen's talk from attendees."

Lucius W. Carroll II

INSPIRIS, Inc.
Nashville, TN

"Excellent talk on ways to beat the blues! Ellen is an expressive, well organized speaker. Her talk was well put together and practical. We found it to be useful and delightful and we got rave reviews from our members."

Suzanne Pierce

President
Unity of Taos

"I have been receiving positive feedback on Ellen Wood's presentation on "Seven Ways to Beat the Blues" from parents who attended our community event where she was the keynote speaker. Positive parental feedback can be hard won and is something we greatly value here in the New Mexico public schools. Our event was designed to tackle the difficult subject of depression and suicide and Ellen did so in a way that was empowering, uplifting, and offered tangible strategies. I have posted Ellen's handout on my office door and feel confident that her words will continue to benefit and inspire."

Greta Carson, LCPP, NCC, LSC

Los Brazos Program Director/Counselor

"I run a lecture series which focuses on healing, spirituality and paradigm shifting. I found out about Ellen Wood's book, "The Secret Method for Growing Younger" on the internet and subsequently invited her to speak for us. An enthusiastic crowd delighted in her dynamic presentation. The context into which Ms. Wood placed the concept of aging was beguiling and transformative – and perhaps most of all – life-affirming. As a speaker she was upbeat, passionate and inspiring. Everyone who attended greatly enjoyed this unique offering and went home with a new perspective that was invaluable."

Karen Marie Marmer

Director
Lavender Hill Lecture Series
Peekskill, NY

"Ellen Wood's dynamic energy was instantly noticeable when she entered the room. She made us take notice and want what she has. Best of all, she gave us the tools to get there."

Jose "Tino" Romero

Executive Director
Ancianos, Inc.
Senior Citizens Programs
Taos, NM

"Ellen Wood so inspired an audience of 75 workshop attendees at our 30th Annual NM Conference on Aging and was so well received that we have invited her to give the keynote address to a larger group of seniors and the professionals who work with them at our winter Aging Network Training event. Conference on Aging attendees, through their written evaluations, described Ms. Wood as up-lifting, re-energizing and positive! Ms. Wood is a very entertaining and engaging speaker who would be an asset to any organization."

Lynne Anker-Unnever

Aging Network Division Director
New Mexico Aging & Long-Term Services Department